

# Title

# Explore traditional Japanese culture - through art museums and indigo dyeing

## Story



Located in the Izumo / Daisen area, the land of Yasugi is an ideal place to experience Japanese culture such as Japanese gardens, folk music and Hirose Gasuri.

In this tour, let's visit Adachi Museum of Art, which is one of Japan's leading museums with a collection of around 2,000 modern Japanese paintings and ceramics, as well as the best garden in Japan for 18 consecutive years voted by a US journal's Japanese garden ranking. Nearby is the Yasugibushi Engeikan Theatre, you can watch the comical "Yasugibushi" folk song danced to a light rhythm there, then experience indigo dyeing, a representative of Japanese culture which is known all around the world.



## History of the region and experience

### Adachi Museum of Art

The Adachi Museum of Art was established in 1970 by its founder, Adachi Zenko.

Besides its collection of approximately 2,000 works, including modern and contemporary Japanese paintings by Taikan Yokoyama and ceramics by Kitaoji Rosanjin, the 50,000 tsubo (1 tsubo=3.3m<sup>2</sup>) Japanese garden has been voted as the best garden in Japan for 18 consecutive years by "Journal of Japanese Gardening" (US).

Visitors can enjoy around 120 works of art including ceramics, calligraphy and paintings by Kitaoji Rosanjin in the newly opened Rosanjin Gallery since spring of 2020.



### Japanese garden

The garden is truly a living Japanese painting with its Karesansui (dry landscape style) and 50,000 tsubo (1 tsubo=3.3m<sup>2</sup>) of diverse Japanese landscaping, which has a variety of expressions in each of the four seasons, as well as the harmony that benefits from the scenery of natural mountains.

### Hirose Gasuri

An indigo, hand-woven cotton kasuri. It is said to have begun in 1824 when Sadako, the wife of the town doctor Nagaoka Kenshō, was taught the dyeing and weaving method in Yonago, and spread it to the women in Hirose domain. From the end of Edo period to Meiji period, improvements were made to the dyeing and weaving, hence the Hirose Gasuri technique was established. In 1890s, production reached 130,000 rolls per year, sales channels were also expanded nationwide.

After WWII, Hirose Gasuri was produced in-house only for personal consumption though, designated as an intangible cultural asset of Shimane prefecture in 1962. In 1985, as the Hirose Gasuri Centre was completed, the technique is handed down at the attached training office in the facility.



## Itinerary



Start time End time

Contents of tour

9:15 - 12:00

**Adachi Museum of Art**  
Appreciate Japan's finest garden and art works.  
Cafe, tea room and souvenir shopping, etc.

**Yasugibushi Engeikan Theatre**

12:00 - 13:00

**Sagi-no-Yu Onsen Chikuyou** (Medicinal cuisine/seafood)

13:10 - 15:00

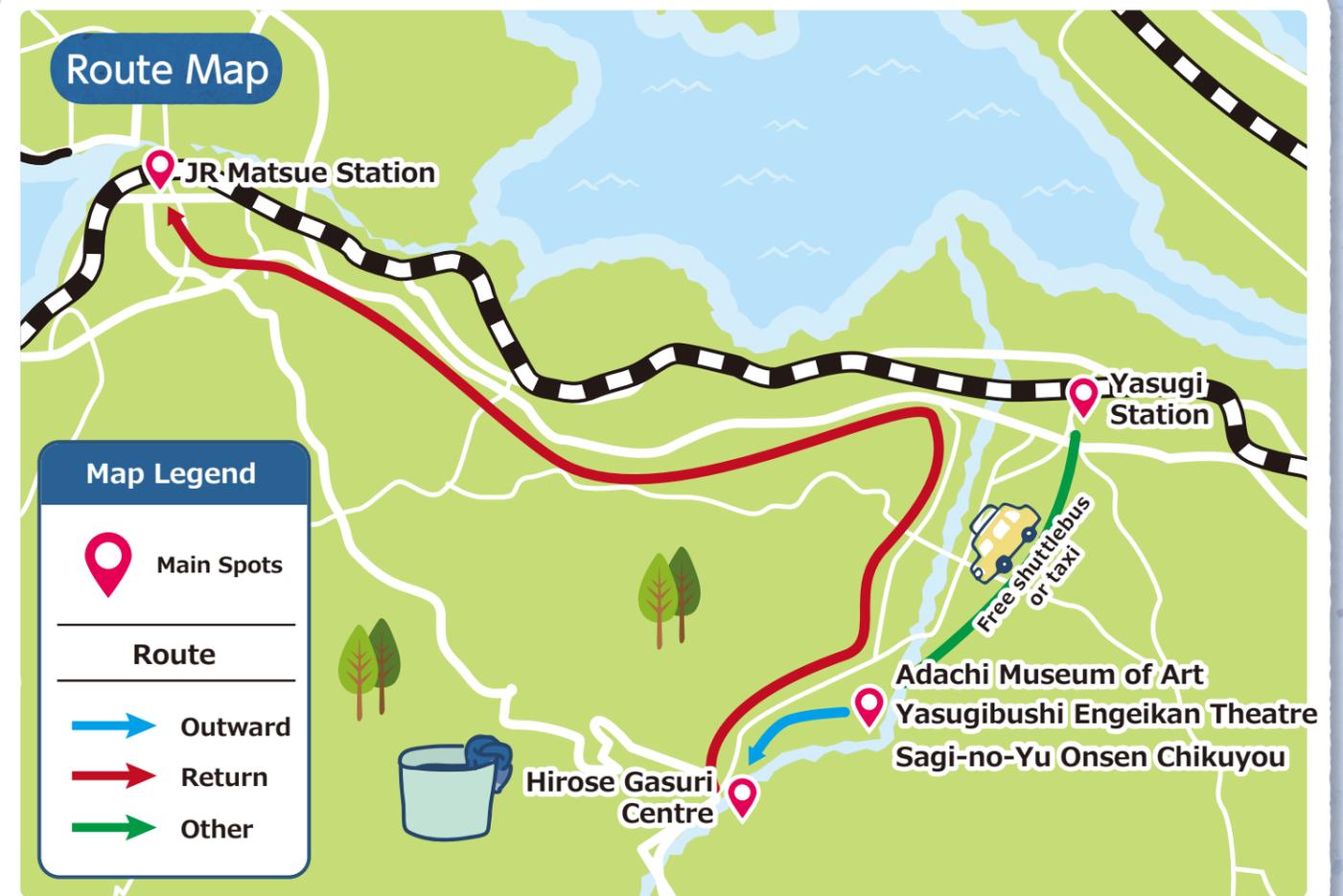
**Hirose Gasuri Centre**  
Indigo dyeing experience (handkerchief)

15:40

**JR Matsue Station**

On foot Taxi

## Route Map





## Indigo dyeing experience



### Flow of indigo dyeing experience

- ① Squeeze the gauze handkerchief with a rubber band to make the pattern.
- ② Soak it in hot water and allow water to fully penetrate, then dehydrate it gently.
- ③ Soak it in indigo for 3 minutes.
- ④ Pull up, squeeze tightly, spread out then expose to air, and let it oxidize to develop and fix the colour.
- ⑤ Repeat steps ③ to ④ 4 or 5 times to achieve the desired colour.
- ⑥ Remove the rubber bands and wash the handkerchief in water, then dehydrate it gently to finish.

※ Please take it home when it is wet and finish it with "Akudashi". you will receive the method written on a piece of paper.

## Spots to stop by

### Yasugibushi Engeikan Theatre

Yasugibushi Engeikan Theatre, the home of the Yasugibushi folk song, was opened in January 2006.

It is the world of Yasugibushi folk song, where you can enjoy live performances.

A wide range of souvenirs and Yasugi's speciality loach dishes is also available. Please do drop in if you are ever in the Sanin region. You can also experience the loach catching dance here.



### Sagi-no-Yu Onsen Chikuyou

A hotel which is just 30 seconds walk away from the Adachi Museum of Art.

Natural free-flowing hot spring is available 24/7.

In addition to the Sanin local seafood cuisine, which is mainly prepared with moring fish delivered from Sakaiminato, health and beauty food as well as hot springs and health-themed meals are also popular.



## Package Description

Facilities	Hirose Gasuri Centre		Address	775-1 Hirosechoumachichou, Yasugi, Shimane			TEL	0854-32-2575	Website	<a href="http://furusato.sanin.jp/p/area/yasugi/9/">http://furusato.sanin.jp/p/area/yasugi/9/</a>
	Wi-Fi	NA	Multilingual support	NA	Reservation	Required	Max reservable number	Up to 4	Cancellation fee	6~4days before→50% 3days before~on the day→100%
	Restroom	Western style	Language	NA	Reservation deadline	14 days in advance (MUST)	How to reserve	Mail/online	Payment method	Credit card (payment on the travel day: NA)
	Adachi Museum of Art		Address	320 Furukawa, Yasugi, Shimane			TEL	0854-28-7111	Website	<a href="https://adachi-museum.or.jp/en/">https://adachi-museum.or.jp/en/</a>
Travel price	<b>¥15,500~</b>		What is not included in the price	<ul style="list-style-type: none"> <li>•Transport after the tour begins</li> <li>•Cost of drinks ordered separately at lunch (if any)</li> <li>•Coffee, tea and souvenirs at Adachi Museum of Art</li> </ul>			Note	<ul style="list-style-type: none"> <li>•Min number of participants: 2</li> <li>•Max number of participants: 4</li> <li>•English-speaking guide(s) will accompany you.</li> </ul>		
Contact us	Osewasan Centre	Address	2F Imai Shoten, 63 Tonomachi, Matsue, Shimane			TEL	<b>0852-61-8015</b> (9:00~18:00)			